



actiVERGONOMICS



# actiV/ERGONOMICS

## Ergonomically designed, anatomically correct.

Ergo Outlet are working in partnership with Ergonomic specialists, Physiotherapists and DSE assessors to create preventative and corrective posture seating solutions.

Ergonomic seating is vital for well-being in the workplace. Well-being improves motivation, productivity and energy levels. Employers should consider **actiV** seating for their work force.

All the above information points towards the necessity for seating that offers adequate, variable and flexible support which can be adjusted sufficiently to suit the majority of the workforce.

The challenge to overcome the diversity of body shapes and sizes resulted in the development of **actiV** - a highly engineered yet affordable ergonomic and posture solution.

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### **Ergo Outlet**

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**“Musculoskeletal (MSK) conditions are the biggest cause of working days lost in the UK after coughs and colds.”**

Public Health England June 2019

MSK Conditions affect the joints, bones, muscles and also include rarer auto-immune diseases and back pain.

**MSK conditions affect over 14.9 million people nationally**

many of whom have symptoms of pain, stiffness, limited movement and disability affecting their quality of life and independence.

Public Health England June 2019

**The NHS alone spends over £5 billion annually**

in treating and supporting people with MSK conditions.

Public Health England June 2019

**In 2017, MSK conditions were the biggest cause of sickness absence**

which accounted for over 28 million days lost in work (22.4% of total sickness absence). This cost the UK an estimated £7 billion a year.

Public Health England June 2019

**Musculoskeletal conditions are commonly linked with depression**

and increase the risk of developing other chronic conditions.

WHO (World Health Organisation) November 2019

Protecting natural resources.  
Preventing pollution.  
Reducing waste.

“We strive towards continual improvement in our environmental performance and endeavour to minimise the scale of our adverse impact on the environment by setting, implementing, monitoring and reviewing environmentally conscious operational objectives and targets.”

Recognising the long term benefits to our business and our customers we are committed to taking an active part in protecting natural resources, preventing pollution and reducing waste.



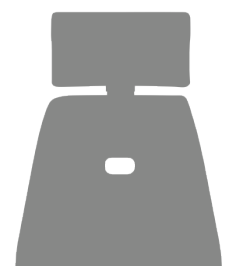
### QR Code Scanning

Adding QR Codes which allow users to access unbranded operating and assembly instructions has resulted in a reduction of printed sheets of paper, totalling approximately 50,000 less printed sheets per year!



### Continual Improvement

We continually strive for environmental excellence, changing and creating processes to help us lower our carbon footprint. We are delighted to say that our BSI ISO:14001 accreditation has been successfully renewed.

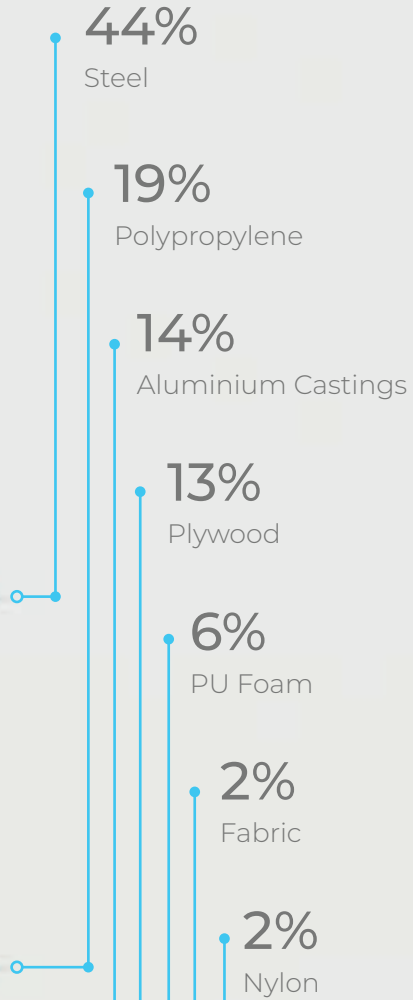


### Glue-less Technology

We have developed and enhanced our manufacturing techniques, enabling us to build our upholstered swivel chair backs with an E-badge, resulting in the product becoming totally glue-less.

## Component Breakdown

We only use the highest quality components when building our products. The chairs featured in this presentation are constructed from:



The chairs featured in this presentation contain up to

**37%**

Recycled Material

21% Steel

14% Aluminium Castings

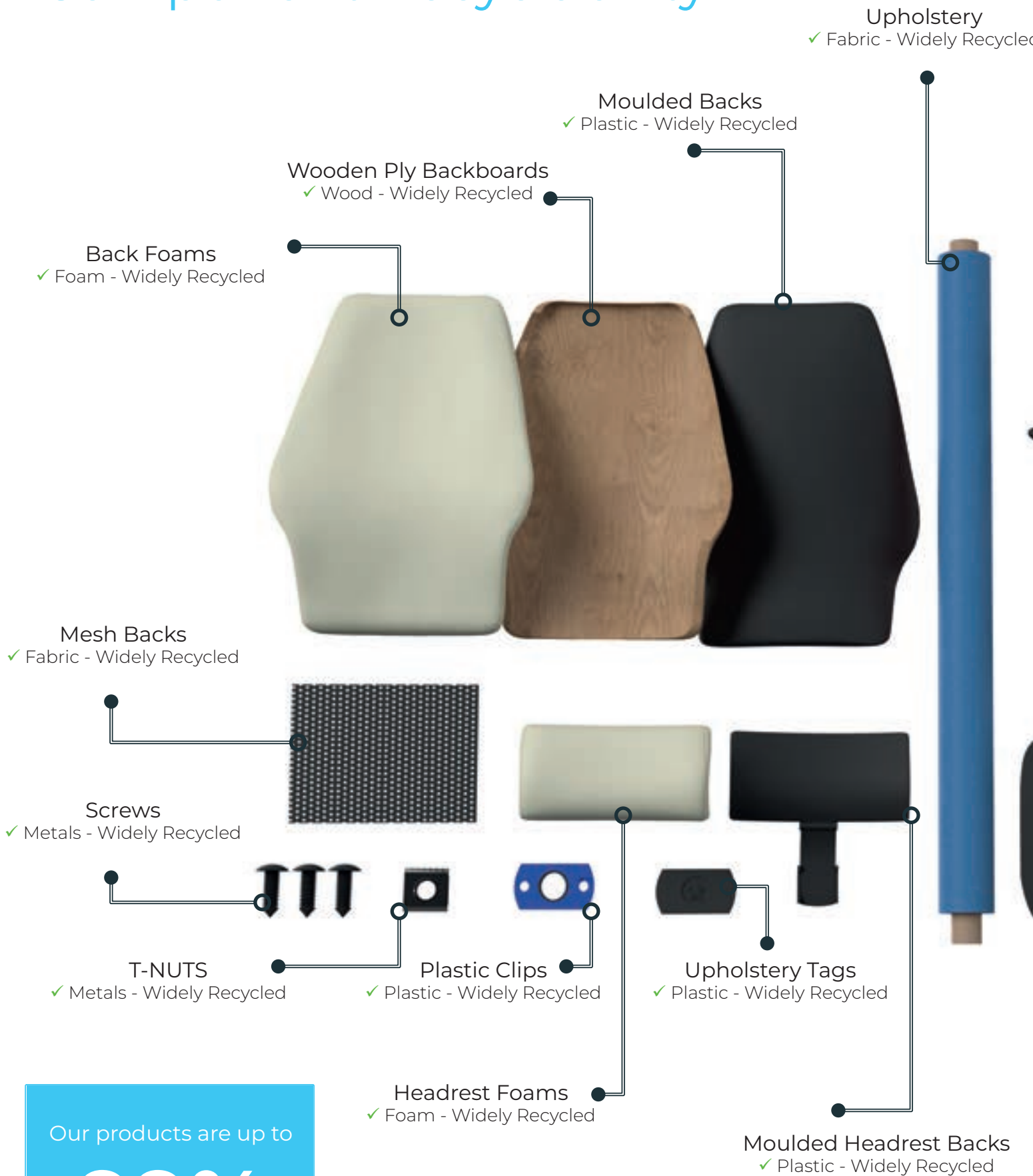
2% Fabric

The chairs featured in this presentation are up to

**99%**

Recyclable

# Component Recyclability



Our products are up to

**99%**  
Recyclable



# Did you know...

The fabric on your chair could be recycled to make mattress filling, lining insulation, toy stuffing or even another eco-friendly fabric that is made from recyclable material.

The plastic on your chair could be shredded, melted, extruded then moulded into new chair parts.

The foam on your chair could be chipped or crumbled and recycled for use in other hard-wearing applications such as underlay or sofa arms.

The metals on your chair can be recycled to make all sorts of steel products like bike frames, cars and paper clips

We only use the highest quality components when building our products, all of which contain up to 37% recycled material.

We continually strive for environmental excellence, changing and creating processes to help us lower our carbon footprint, successfully renewing our BSI ISO:14001 accreditation for another year.



The logo for actiVIntro features a vertical line of seven dots of varying sizes, with the top three being white and the bottom four being blue. Below this graphic, the word "actiVIntro" is written in a sans-serif font, with "actiV" in white and "Intro" in blue.

# actiVIntro

## Back To Basics.

The actiVIntro range consists of four ergonomic models that offer an affordable solution to posture seating for petite, regular and larger users.

The actiVIntro range is all centred on the same volume specified, heavy duty 3-lever mechanism.

Infinitely lockable and highly adjustable, this robust mechanism comfortably supports users of up to 150KG and the range now comes with a seat slide as standard.

A choice of backrests including inflatable lumbar supports allow you to select the optimum fit for the size and shape of a specific user.

Optional extras can then be added, tailoring the chair to suit.









360° Swivel



Seat Height



Back Height



Back Angle



Seat Angle



Seat Depth



Lumbar Support



Arm Adjustment

**Headrest** .....  
Optional Extra: /HR

Available on selected models, the addition of a height and angle adjustable headrest supports the user in reclined positions, relieving stress within the neck muscles.

**Choice of plastic outer shell or fully upholstered posture curved backrests** .....

**Inflatable Lumbar Support** ...  
Standard Feature

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.

**Adjustable Arms** .....  
Optional Extra

- A: Height and Depth Adjustable Arms (AA2D)
- B: Height and Foldaway Adjustable Arms (AF)
- C: Multi-Functional Arms (AMF)

**Air-Flo Seat Cell** .....  
Optional Extra: /AIR

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce sciatic pain.

**Independent back angle adjustment**  
**Independent seat angle adjustment**  
**Seat height adjustment**

**Polished Base** .....  
Optional Extra: /AB

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.





## PHYSIOTHERAPIST APPROVED



### Gilly Fairhurst

BSC (hons) Physiotherapy,  
Member of APOCHE,  
Level 1 DSE Training.

“Working in partnership to address posture issues and provide positive preventative and corrective solutions.”



#### Inflatable Thoracic Support

Optional Extra: /ITC

Increases the contact area of the upper spine by filling the space between the shoulder blades, helping to prevent slouching and reduce pain/discomfort in the shoulder and neck area.

#### Ratchet backrest height adjustment

#### Coccyx Zone

Optional Extra: /CC

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.

Double curved posture seat with waterfall front & ergo-density foam

#### Performance Seat Foam

Optional Extra: /PF

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as memory foam.

#### Seat Slide

Standard Feature

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.

Body weight tension control



actiVIntro  
Moulded Backs



Heavy duty 3 lever mechanism  
Independent seat and back angle adjustment  
Adjustable body tension control  
Seat slide as standard with 50mm travel  
Ratchet back height adjustment  
Waterfall seat  
Inflatable lumbar support as standard  
Three moulded backrest options  
Ergo-density foam

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## actiVIntro Moulded Backs



**IT150**

Moulded Medium Back.  
Small Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 450 - 580mm  
SW: 490mm  
SD: 440 - 490mm  
BH: 450 - 530mm  
BW: 440mm



**IT250**

Moulded High Back.  
Medium Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 460 - 590mm  
SW: 530mm  
SD: 470 - 520mm  
BH: 560 - 640mm  
BW: 480mm



**IT275**

Moulded Extra High Back.  
Medium Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 460 - 590mm  
SW: 530mm  
SD: 470 - 520mm  
BH: 710 - 790mm  
BW: 500mm

### Select Your Arms

Code	Description
/AA1D	Height Adjustable Arms
/AA2D	Height and Depth Adjustable Arms
/AF	Height and Foldaway Adjustable Arms
/AMF	Multi-Functional Arms

### Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/HR	Headrest (excluding IT275)
/AB	Polished Base



actiVIntro  
Upholstered Backs



Heavy duty 3 lever mechanism  
Independent seat and back angle adjustment  
Adjustable body tension control  
Seat slide as standard with 50mm travel  
Ratchet back height adjustment  
Waterfall seat  
Inflatable lumbar support as standard  
Three upholstered backrest options  
Ergo-density foam

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# actiVIntro Upholstered Backs



**IT175**

Upholstered Medium Back.  
Small Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 450 - 580mm  
SW: 490mm  
SD: 440 - 490mm  
BH: 520 - 600mm  
BW: 450mm



**IT350**

Upholstered High Back.  
Medium Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 460 - 590mm  
SW: 530mm  
SD: 470 - 520mm  
BH: 580 - 660mm  
BW: 500mm



**IT550**

Upholstered Extra High Back.  
Medium Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 460 - 590mm  
SW: 530mm  
SD: 470 - 520mm  
BH: 650 - 730mm  
BW: 460mm

## Select Your Arms

Code	Description
/AA1D	Height Adjustable Arms
/AA2D	Height and Depth Adjustable Arms
/AF	Height and Foldaway Adjustable Arms
/AMF	Multi-Functional Arms

## Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/HR	Headrest (excluding IT550)
/AB	Polished Base



# actiVIntro

## Large Seats



- Heavy duty 3 lever mechanism
- Independent seat and back angle adjustment
- Adjustable body tension control
- Seat slide as standard with 50mm travel
- Ratchet back height adjustment
- Large waterfall seat
- Inflatable lumbar support as standard
- Ergo-density foam

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# actiVIntro Large Seats



**IT450**

Upholstered High Back.  
Large Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 490 - 630mm  
SW: 570mm  
SD: 520 - 570mm  
BH: 590 - 670mm  
BW: 500mm



**IT450HR**

Upholstered High Back.  
Upholstered Headrest.  
Large Seat.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 490 - 630mm  
SW: 570mm  
SD: 520 - 570mm  
BH: 590 - 670mm  
BW: 500mm  
HR: 175 x 300mm

## Select Your Arms

Code	Description
/AA1D	Height Adjustable Arms
/AA2D	Height and Depth Adjustable Arms
/AF	Height and Foldaway Adjustable Arms
/AMF	Multi-Functional Arms

## Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/CC	Coccyx Zone
/AB	Polished Base



# actiVSolo

At one with ergonomics.

The actiVSolo range is a unique and modern solution to everyday ergonomics that redefines comfort, support and adjustability.

Taking inspiration from the movement of the body, the unique actiVSolo back was sculpted with sleek lines and sumptuous curves to mould to the shape of the spine and reinforce positive posture.

Long bouts of sitting can cause significant spinal issues over time, speeding up the wear and tear process of your spinal discs as well as increasing the risk of daily back and neck pain.

Approved and endorsed by a certified Physiotherapist, the actiVSolo range exceeds this criteria and offers support to the spine where it needs it most.







360° Swivel



Seat Height



Back Height



Back Angle



Seat Angle



Seat Depth



Lumbar Support



Arm Adjustment

**Headrest** .....  
Selected Models

Standard on certain models, the addition of a height and angle adjustable headrest supports the user in reclined positions, relieving stress within the neck muscles.

**Fully upholstered tri-curved posture backrest** .....

**Inflatable Lumbar Support** .....  
Standard Feature

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.

**Adjustable Arms** .....  
Standard Feature

Choose between models with Height and Depth Adjustable Arms or Multi-Functional Arms. Non-armed versions are also available.

**Air-Flo Seat Cell** .....  
Optional Extra: /AIR

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce sciatic pain.

**Independent back angle adjustment\***  
Body weight tension control  
Seat height adjustment

**Seat Slide** .....  
Standard Feature

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.

**Polished Base** .....  
Optional Extra: /AB

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.



## PHYSIOTHERAPIST APPROVED



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BSC (hons) Physiotherapy,  
Member of APOCHE,  
Level 1 DSE Training.

“Working in partnership to address posture issues and provide positive preventative and corrective solutions.”



#### Inflatable Thoracic Support Optional Extra: /ITC

Increases the contact area of the upper spine by filling the space between the shoulder blades, helping to prevent slouching and reduce pain/discomfort in the shoulder and neck area.

#### Ratchet backrest height adjustment

#### Coccyx Zone Optional Extra: /CC

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.

#### Flex-Front Seat Selected Models

Proven medical scanning has been used to show that using the forward tilt motion can lead to increased muscle activity in the stomach, hip and back areas. This enables segments of the lower spine to be set in motion, dynamically promoting good posture and healthy circulation.

#### Performance Seat Foam Optional Extra: /PF

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as memory foam.

#### Seat angle adjustment Synchronised mechanism (2:1 ratio with anti-shock release)



actiV Solo  
2D Arms



Synchronised mechanism  
Adjustable body tension control  
Seat angle adjustment  
Seat slide as standard  
Independent backrest angle adjustment  
Ratchet back height adjustment  
Choice of 3 posture seats  
Inflatable lumbar support as standard  
Ergo-density foam

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## actiSolo 2D Arms



**SL102**

High Upholstered Back.  
Standard Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 75mm.

SH: 480 - 590mm  
SW: 500mm  
SD: 470 - 545mm  
BH: 580 - 660mm  
BW: 450mm



**SL102/S**

High Upholstered Back.  
Small Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 490 - 580mm  
SW: 490mm  
SD: 440 - 490mm  
BH: 580 - 660mm  
BW: 450mm



**SL102/L**

High Upholstered Back.  
Large Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 560 - 650mm  
SW: 570mm  
SD: 520 - 570mm  
BH: 580 - 660mm  
BW: 450mm

### Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/AB	Polished Base



# actiV Solo

Multi-Functional Arms



Synchronised mechanism  
Adjustable body tension control  
Seat angle adjustment  
Seat slide as standard  
Independent backrest angle adjustment  
Ratchet back height adjustment  
Choice of 3 posture seats  
Inflatable lumbar support as standard  
Ergo-density foam

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## actiVSolo Multi-Functional Arms



**SL104**

High Upholstered Back.  
Standard Seat.  
Multi-Functional Arms.  
Inflatable Lumbar Support.  
Seat Slide 75mm.

SH: 480 - 590mm  
SW: 500mm  
SD: 470 - 545mm  
BH: 580 - 660mm  
BW: 450mm



**SL104/S**

High Upholstered Back.  
Small Seat.  
Multi-Functional Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 490 - 580mm  
SW: 490mm  
SD: 440 - 490mm  
BH: 580 - 660mm  
BW: 450mm



**SL104/L**

High Upholstered Back.  
Large Seat.  
Multi-Functional Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 560 - 650mm  
SW: 570mm  
SD: 520 - 570mm  
BH: 580 - 660mm  
BW: 450mm

### Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/AB	Polished Base



actiV Solo  
2D Arms & Headrest



Synchronised mechanism  
Adjustable body tension control  
Seat angle adjustment  
Seat slide as standard  
Independent backrest angle adjustment  
Ratchet back height adjustment  
Choice of 3 posture seats  
Inflatable lumbar support as standard  
Ergo-density foam

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## actiSolo 2D Arms & Headrest



**SL152**

High Upholstered Back.  
Upholstered Headrest.  
Standard Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 75mm.

SH: 480 - 590mm  
SW: 500mm  
SD: 470 - 545mm  
BH: 580 - 660mm  
BW: 450mm  
HR: 175 x 300mm



**SL152/S**

High Upholstered Back.  
Upholstered Headrest.  
Small Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 490 - 580mm  
SW: 490mm  
SD: 440 - 490mm  
BH: 580 - 660mm  
BW: 450mm  
HR: 175 x 300mm



**SL152/L**

High Upholstered Back.  
Upholstered Headrest.  
Large Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 560 - 650mm  
SW: 570mm  
SD: 520 - 570mm  
BH: 580 - 660mm  
BW: 450mm  
HR: 175 x 300mm

### Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/AB	Polished Base



# actiV Solo

Multi-Functional Arms & Headrest



Synchronised mechanism  
Adjustable body tension control  
Seat angle adjustment  
Seat slide as standard  
Independent backrest angle adjustment  
Ratchet back height adjustment  
Choice of 3 posture seats  
Inflatable lumbar support as standard  
Ergo-density foam

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## actiSolo Multi-Functional Arms & Headrest



**SL154**

High Upholstered Back.  
Upholstered Headrest.  
Standard Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 75mm.

SH: 480 - 590mm  
SW: 500mm  
SD: 470 - 545mm  
BH: 580 - 660mm  
BW: 450mm  
HR: 175 x 300mm



**SL154/S**

High Upholstered Back.  
Upholstered Headrest.  
Small Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 490 - 580mm  
SW: 490mm  
SD: 440 - 490mm  
BH: 580 - 660mm  
BW: 450mm  
HR: 175 x 300mm



**SL154/L**

High Upholstered Back.  
Upholstered Headrest.  
Large Seat.  
Height & Depth Adjustable Arms.  
Inflatable Lumbar Support.  
Seat Slide 50mm.

SH: 560 - 650mm  
SW: 570mm  
SD: 520 - 570mm  
BH: 580 - 660mm  
BW: 450mm  
HR: 175 x 300mm

### Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/AB	Polished Base

The logo for actiVYou features a vertical line of seven dots of varying sizes, with the top three being light blue and the bottom four being white. Below this line, the word "actiVYou" is written in a sans-serif font, with "acti" in white and "VYou" in light blue.

# actiVYou

## The office chair range that was designed for you.

actiVYou was designed with comfort, support and durability in mind.

Defined by its mechanism, actiVYou is available in both upholstered and mesh back options.

Both backrests are a key feature, with height, angle and lumbar adjustability integral to optimum support.

Coupled with a flex-front seat to enhance the reclining movement actiVYou will improve ergonomic comfort.

A stylish, contemporary solution for the workplace employee, remote worker or those seeking a corrective posture solution.







360° Swivel



Seat Height



Back Height



Back Angle



Seat Angle



Seat Depth



Lumbar Support



Arm Adjustment

**Headrest** .....  
Optional Extra: /HR

Available on selected models, the addition of a height and angle adjustable headrest supports the user in reclined positions, relieving stress within the neck muscles.

**Upholstered or mesh backrest** .....

**Inflatable / Adjustable Lumbar Support** .....  
Standard Feature

Increases the contact area of the lower back, giving additional support to the lumbar area and supporting the natural curvature of the spine whilst preventing fatigue and lower back pain.

**Adjustable Arms** .....  
Standard Feature

Choose between models with Height and Depth Adjustable Arms or Multi-Functional Arms. Non-armed versions are also available.

**Air-Flo Seat Cell** .....  
Optional Extra: /AIR

A dual chamber air cell below the seat surface offers a "reactive sit" whilst providing cushioning to the sit bones, helping to improve core strength and reduce sciatic pain.

**Seat Slide** .....  
Standard Feature

Allows the user to increase the seat depth in order to optimise comfort and support and reduce the amount of pressure transferred to the legs.

**Independent seat angle adjustment,  
Body weight tension control  
Seat height adjustment**

**Polished Base** .....  
Optional Extra: /AB

As well as increasing the aesthetic appeal of the range, a polished base is also recommended for seating users who are in excess of 115kg.





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### Gilly Fairhurst

BSC (hons) Physiotherapy,  
Member of APOCHE,  
Level 1 DSE Training.

“Working in partnership to address posture issues and provide positive preventative and corrective solutions.”



ERGONOMIC  
SITTING



bsi. ISO  
14001  
Environmental  
Management



99%  
RECYCLABLE



MADE IN THE UK  
MANUFACTURED IN GREAT BRITAIN

#### Inflatable Thoracic Support

Optional Extra: /ITC

Increases the contact area of the upper spine by filling the space between the shoulder blades, helping to prevent slouching and reduce pain/discomfort in the shoulder and neck area.

#### Ratchet backrest height adjustment

#### Coccyx Zone

Optional Extra: /CC

A cut out / soft pocket located at the back of the cushion which provides a discrete solution to coccyx pain and provides pressure relief to the tail bone area caused by trauma or scarring.

#### Flex-Front Seat

Standard Feature

Proven medical scanning has been used to show that using the forward tilt motion can lead to increased muscle activity in the stomach, hip and back areas. This enables segments of the lower spine to be set in motion, dynamically promoting good posture and healthy circulation.

#### Performance Seat Foam

Optional Extra: /PF

Pressure sensitive to mould to the user's seated position, enhancing comfort and support throughout the working day. Also known as memory foam.

#### Tilt lock

Synchronised mechanism  
(2:1 ratio with anti-shock release)

actiVYou  
Upholstered Back



Synchro mechanism  
4 Position tilt lock with anti-shock release  
Simple rotational click tension control  
3 Position forward seat angle adjustment  
Flex-front seat  
75mm seat depth adjustment  
Height adjustable backrest  
Inflatable lumbar support

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or e-mail  
[INFO@ERGOOUTLET.UK](mailto:INFO@ERGOOUTLET.UK)

TO PLACE YOUR ORDER BY PHONE PLEASE CALL  
**01773 835600**  
MONDAY - FRIDAY 9:00AM - 5:00PM

## actiVYou Upholstered Back



**YE100**

Ergonomic Synchro Mech.  
Upholstered Back.  
75mm Seat Slide.  
Inflatable Lumbar Support.  
No Arms.

SH: 490 - 580mm  
SW: 500mm  
SD: 460 - 535mm  
BH: 560 - 620mm  
BW: 480mm



**YE102**

Ergonomic Synchro Mech.  
Upholstered Back.  
75mm Seat Slide.  
Inflatable Lumbar Support.  
2D Arms.

SH: 490 - 580mm  
SW: 500mm  
SD: 460 - 535mm  
BH: 560 - 620mm  
BW: 480mm



**YE104**

Ergonomic Synchro Mech.  
Upholstered Back.  
75mm Seat Slide.  
Inflatable Lumbar Support.  
Multi Functional Arms.

SH: 490 - 580mm  
SW: 500mm  
SD: 460 - 535mm  
BH: 560 - 620mm  
BW: 480mm

### Select Your Extras

Code	Description
/ITC	Inflatable Thoracic Support
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/HR	Headrest
/AB	Polished Base



activYou  
Mesh Back



Synchro mechanism  
4 Position tilt lock with anti-shock release  
Simple rotational click tension control  
3 Position forward seat angle adjustment  
Flex-front seat  
75mm seat depth adjustment  
Height adjustable backrest  
Adjustable lumbar support

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# actiVYou Ergo Mesh Back



**YE200**

Ergonomic Synchro Mech.  
Mesh Back.  
75mm Seat Slide.  
Adjustable Lumbar Support.  
No Arms.

SH: 490 - 580mm  
SW: 500mm  
SD: 460 - 535mm  
BH: 570 - 630mm  
BW: 475mm



**YE202**

Ergonomic Synchro Mech.  
Mesh Back.  
75mm Seat Slide.  
Adjustable Lumbar Support.  
2D Arms.

SH: 490 - 580mm  
SW: 500mm  
SD: 460 - 535mm  
BH: 570 - 630mm  
BW: 475mm



**YE204**

Ergonomic Synchro Mech.  
Mesh Back.  
75mm Seat Slide.  
Adjustable Lumbar Support.  
Multi Functional Arms.

SH: 490 - 580mm  
SW: 500mm  
SD: 460 - 535mm  
BH: 570 - 630mm  
BW: 475mm

## Select Your Extras

Code	Description
/PF	Performance Foam Seat
/AIR	AirFlo Seat Cell
/CC	Coccyx Zone
/HR	Headrest
/AB	Polished Base

# Our Services...

- ... Consultation
- ... Design & Planning
- ... Professional Installation
- ... Office Relocation
- ... Office Clearance



**Ergo Outlet** offer a breadth of services covering all aspects of office furniture installation, refurbishment and relocation and office clearances. Over the last twenty years we have built a reputation based on customer satisfaction and recommendations.

We can provide office furniture solutions to meet almost any requirement. There is no minimum order. We're happy to supply from a single item to a full office refit.

At Ergo Outlet every project is individual. Whatever your requirements, you'll find we offer an outstanding service with exceptional results. We understand the difference your workplace can make to you, your customers, your employees and competitors.

For more information about our products and services please visit our website: [www.ergooutlet.co.uk](http://www.ergooutlet.co.uk)



## FREE DESIGN AND PLANNING...

**We appreciate that everyone's work environment is different and we would enjoy working with you in your office planning to help you create a workspace that fully meets your needs. Our approach revolves around listening to your ideas and then exploring the options available to make your vision a reality.**

When it comes to innovative office design we have many years of experience and a great team at our disposal. Over the years we've helped many businesses create their ideal office. We can also advise as to how your furniture can be arranged as to comply with the legal health and safety regulations.

If you currently have no building / room plan for your workspace that we can work from, we'll be happy to send on of our sales representatives to you to measure your office space and discuss your ideas and requirements. We consolidate your plans and rough sketches to turn them into detailed 3D models that allow us to play around with the furniture options and see how best to make your vision come to life.

We will then generate a personalised proposal for you that features detailed 3D visualisations of how the office will look once various furniture options have been installed.

**Get in touch: [info@ergooutlet.uk](mailto:info@ergooutlet.uk) | 01773 835600**



## Guarantee

For 8 hour per day use, all models carry a full 5 year structural guarantee with 2 years on moving parts and upholstery.

For 24 hour per day use, a 2 year structural guarantee applies.

These guarantees exclude unfair wear and tear and damage or failure caused by misuse.

All gas lifts are suitable for users up to 150 kg.

## Specification

We have taken great care to ensure that all details, descriptions, measurements and prices in this product guide are correct. In order to give you the most accurate representation of our products, we have used colour swatches that have been provided directly from our fabric suppliers. Although every care has been taken to ensure that dimensions are accurate, manufacturing characteristics may vary slightly.

Ergo Outlet reserve the right to make any reasonable changes to specification or design as part of our continual improvement policy.



actiVERGONOMICS

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