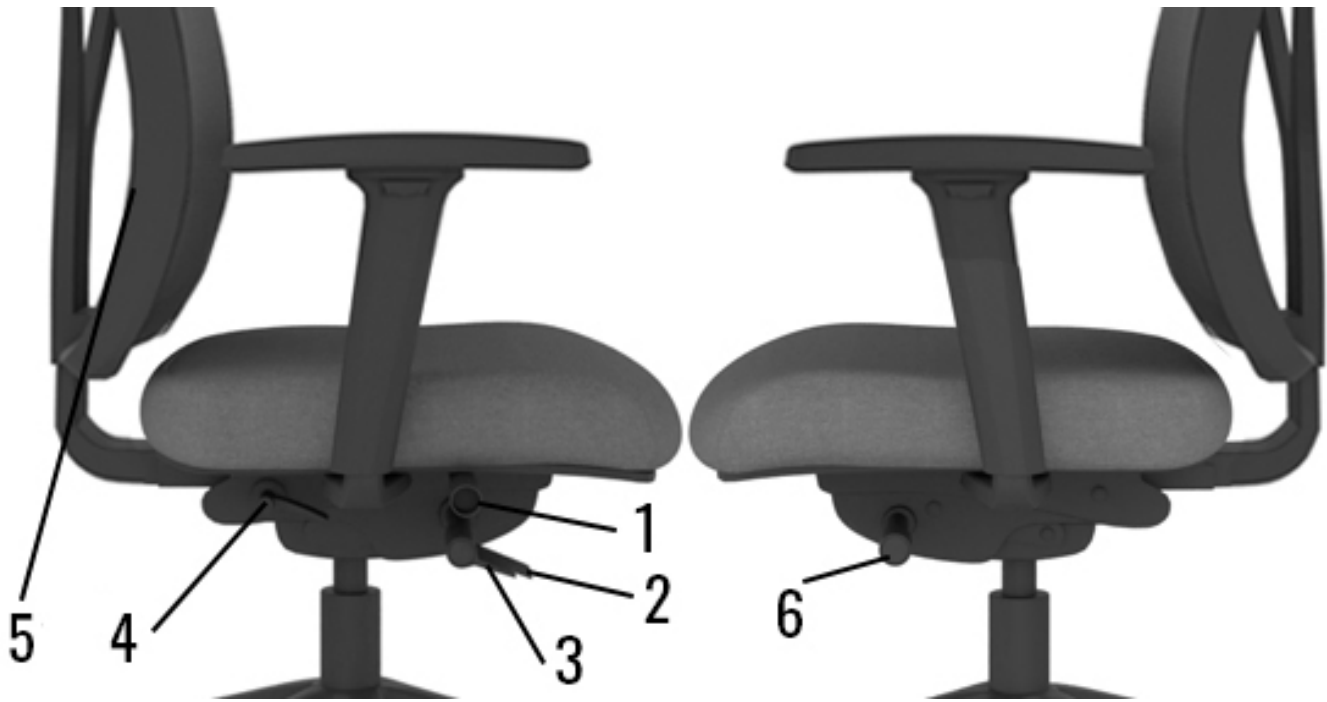


How to use your YOU Ergo Mesh Mechanism



Synchronised Body Responsive Mechanism

Synchronised action performs in harmony with natural body movements, enhanced by a simple rotational click tension adjustment and 3-position seat angle settings.

1) Seat Slide Adjustment

Rotate telescopic handle to alter seat depth. Release to lock into desired position.

2) Seat Height Adjustment

Raise the lever and adjust the height of the seat to maximise comfort. Release lever when your seat is in your preferred position.

3) Body Weight Tension Control

Rotate the lever anti-clockwise to increase tension and clockwise to decrease tension.

4) Seat Tilt Adjustment

Rotate lever clockwise to increase seat tilt, rotate anti-clockwise to decrease seat tilt.

5) Adjustable Lumbar Panel

From a seated position, raise or lower the Lumbar Panel to optimise comfort and support for your lower back.

6) Tilt Lock

Push the lever down to set the chair in any one of the 5 locking positions, or raise the lever to operate in free float mode.

*** Please note that this product carries a maximum weight limit of 150kg ***